



**IBD
MASTERCLASS
2026**



IBD MASTERCLASS 2026

**IBD Care Without Borders:
Advancing Multidisciplinary Collaboration**

CONFERENCE PROGRAM



**11TH - 12TH
September 2026**



**Riyadh
Crowne Plaza Rdc**



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Day 1

Friday 11th Sep 2026



Session 1:

Chairpersons: Prof. Yousef Qari, Dr. Mohamed Malik,
and Dr. Khalid AlAji

1:00 pm - 1:30 pm

Tandem Talk:

Clinical Trials and Real-world
IBD Research in the Middle East:
Limitations, Lessons and the Road Ahead

Prof. Mahmoud Mosli /
Dr. Mohammed Shehab

1:30 pm - 2:00 pm

Tandem Talk:

Stricture Management in IBD:
Surgery, Endoscopy,
or Optimized Medical Therapy?

Dr. Homoud AlGhamdi /
Dr. Noura Alhassan

2:00 pm - 2:20 pm

Strategic Treatment Selection in IBD:
Integrating STRIDE Targets, Novel
Mechanisms, and Personalized Care

Prof. Peter Irving

2:20 pm - 2:30 pm

Q&A



Session 2:

Chairpersons: Dr. Mansour Altuwajri,
Dr. Yaser Meeralam, Dr. Mohanad Altayeb

2:30 pm - 2:50 pm

The Future of Intestinal Ultrasound
in IBD Care: Emerging
Applications and Innovations

Dr. Heba AlFarhan

2:50 pm - 3:30 pm

Janssen & Janssen Industry
Symposium

Speaker:
Dr. Badr Al-bawardy
Chairperson:
Dr. Faisal Batwa

3:30 pm - 3:50 pm

Break



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Day 1

Friday 11th Sep 2026

3:50 pm - 4:30 pm

AbbVie Industry Symposium

Speaker:

Dr. Turki AlAmeel

Chairperson:

Dr. Abdulelah Almutairdi



Session 3:

Chairpersons: Prof. Majid AlMadi, Dr. Nabil Quraishi,
and Dr. Ahmad AlFadhli

4:30 pm - 4:50 pm

Anti-TNF Therapy in 2026:
Cornerstone or Fading Force?

Dr. Othman AlHarbi

4:50 pm - 5:10 pm

Navigating the IL-12/23 and IL-23
Pathways: When, Why, and
How to Choose

Dr. Abdulelah Almutairdi

5:10 pm - 5:30 pm

JAK Inhibitors in IBD: Selective or
Non-Selective – Rationale
and Clinical Application

Prof. Ala' Sharara

5:30 pm - 5:50 pm

Break

5:50 pm - 6:30 pm

Takeda Industry Symposium

Speaker:

Dr. Badr Al-bawardy

Prof. Mahmoud Mosli

Chairperson:

Dr. Shakir Bakari

6:30 pm - 7:10 pm

Case Presentation & Panel Discussion:
Integrating Nutritional Therapy into
IBD Care: Evidence, Experience, and
Practice

Presenter:

Dr. Lisa Sharkey

Panel: Prof. Peter Irving,

Prof. Ala' Sharara,

Dr. Bashar Allbarahim

7:10 pm

Dinner



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Day 2

Saturday 12th Sep 2026



Session 4:

Chairpersons: Prof. Omar Saadah, Dr. Hussain AlAmin, Dr. Mohamed AlAhmari, and Dr. Mohamed Khorshid

08:30 am - 08:50 am	Clinical Trials 2026: Innovations Shaping the Next Era	Dr. Turki AlAmeel
08:50 am - 09:10 am	My Patient is Failing Treatment: Turning Setbacks into Success	Dr. Badr Al-bawardy
09:10 am - 09:40 am	Tandem Talk: IBD MDT & Surgical Joint Clinic: Coordinated Care That Works	Dr. Eman Al Sulais / Dr. Faisal Al Rashed
09:40 am - 10:00 am	Transitioning Youth to Adult IBD Care: Models for Continuity and Empowerment	Dr. Abdulhamid Alhadab
10:00 am - 10:10 am	Q&A	
10:10 am - 10:35 am	Break	



Session 5:

Chairpersons: Dr. Turki AlAmeel, Dr. Ahmad AlDarmaki and Dr. Mohamed AlSulimi

10:35 am- 10:55 am	Functional Overlap in IBD: Recognition, Differentiation, and Management	Dr. Dimah Alaskar
10:55 am-11:15 am	Biosimilars: Replacement Strategy or Complementary Option	Dr. Mashary AlTamimi



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Day 2

Saturday 12th Sep 2026

11:15 am-11:45 am	State of the Art: Translating Innovation into the Future of IBD Care	Prof. Peter Irving
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11:45 am -12:00 pm	Q&A	
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12:00 pm-12:20 pm	Prayer	
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12:20 pm - 1:00 pm	Case Presentation & Panel Discussion: Is It Truly IBD? Diagnostic Dilemmas and Mimickers in Clinical Practice	Presenter: Dr. Mariam Mukhtar Panel: Prof. Ala' Sharara, Dr. Meshaal Shwaiar, Dr. Fatimah AlAlawi
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1:00 pm - 1:40 pm	Case Presentation & Panel Discussion: IBD in Pregnancy – Optimizing Pre-Conception, Gestational, and Post-Partum Outcomes	Presenter: Dr. Mohammed Albeshar Panel: Prof. Ala' Sharara, Dr. Lisa Sharkey, Prof. Nahla Azzam
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1:40 pm - 2:20 pm	Case Presentation & Panel Discussion: Upper GI Crohn's Disease: Clinical Challenges and Management	Presenter: Dr. Abdulkareem Al Ruwaili Panel: Prof. Peter Irving, Prof. Ala' Sharara, Dr. Faisal AlRashed
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2:20 pm	Closing Remarks & Lunch	
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